



Registration Form DEC 2018

Race #: _____
(For Crew Use Only)

Welcome to the 2018 NBS Nelson Striders Half Marathon & 10km

Please complete this confidential form and hand in at registration.

Surname		First name	
Male/Female	Age (on race day):	HALF OR 10KM	
Emergency contact person:			
Contact person's relationship to you:			
Emergency contact phone numbers			
Do you have any medical conditions we should know about?		Yes / No	
Medical conditions/Allergies if answered yes above:			
Remember you must carry your emergency medication with you at all times			
Are you taking any medication?		Yes / No	
Is there anything else we should know to help us keep you safe			

Risk disclosure acknowledgement

I understand that there are risks involved in the activities I will be undertaking and confirm that I have read and understand the race information, that I will follow the instructions as conveyed through this information and by the event crew, and that I participate at my own risk. I understand that an unpredictable or uncontrollable event may occur that could possibly cause me serious harm or death. I am aware of the implications of my voluntary participation and the consequences should I ignore the organisation's safety management procedures and directions, including procedures and directions regarding the use of safety equipment. I acknowledge that the organisation will take all reasonable and practical steps to keep me safe while I am involved in these activities. However, I accept full responsibility for my own actions or inaction. I am aware that the road is open to traffic at all times.

I have read and understand this risk disclosure:

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Participant's signature (or parent/guardian's signature if participant under 18 years)

Date